

**CHEWABLE  
TABLETS**

# Carbonate de calcium **Orocal**<sup>®</sup> 500 MG

## **COMPOSITION :**

Calcium carbonate .....1250.00 mg  
providing 500.00 mg of elemental calcium

Aspartam .....1,00 mg  
Excipient (sorbitol, povidone, hydrogenated sugars, magnesium stearate, mono-, di- and tri-glycerides, essential oils of orange) for a chewable tablet.

## **THERAPEUTIC INDICATIONS :**

This drug provides calcium. It is intended to be used against calcium deficiency during times of growth, pregnancy or breast feeding and as a calcium supplement in osteoporosis.

## **CONTRA-INDICATIONS :**

- hypercalcemia (abnormally high blood calcium level);
- hypercalciuria (excessively high urinary calcium elimination);
- calcium lithiasis (renal stones), tissue calcifications;
- prolonged immobilization with hypercalciuria and/or hypercalcemia.

## **PRECAUTIONS FOR USE :**

- Urinary calcium levels must be checked regularly during prolonged treatment.
- Blood and urinary calcium must be measured regularly if used in combination with vitamin D.
- When on treatment involving sodium fluoride : take calcium at a different time.
- When on digitalis treatment : the administration of calcium (especially if combined with vitamin D) requires regular monitoring.
- When on treatment involving oral tetracyclines (which are a group of antibiotics), an interval of at least 3 hours should be allowed before taking this drug.
- Because of the presence of aspartam, the administration of this drug must be avoided in patients with phenylketonuria.

## **DRUG INTERACTIONS AND OTHER INTERACTIONS :**

*In order to avoid possible interactions between several drugs, you must always tell your doctor or pharmacist about any other treatment in progress.*

## **DOSAGE - MODE OF ADMINISTRATION :**

By mouth. The tablets may be sucked, between meals.

- Adults : calcium deficiency in general and osteoporosis : 2 to 3 tablets a day.

- Children : calcium deficiency during periods of growth : 1 to 2 tablets a day according to weight and height.

*In all cases, strictly follow the prescription of your doctor.*

## **HOW TO DEAL WITH OVERDOSAGE :**

Inform your doctor immediately in the event of overdosage or accidental poisoning.

## **ADVERSE EFFECTS :**

Dryness in the mouth while taking the drug.

## **STORAGE CONDITIONS AND SHELF-LIFE :**

This drug should be stored at a temperature not exceeding 25° C.

## **MANUFACTURER AND MAH :**

NYCOMED PHARMA AS, Drammensveien 852, P.O. Box 205, N-1372 Asker, NORWAY

**Close the bottle securely after use. Do not use after expiry date which appears on the packaging.**

